

Wandsworth Drug and Alcohol Services

July Bulletin 2021

Evening MAP Group

Map stands for Mutual Aid Partnership and these meetings are peer led meetings



Individuals come together and share support, advice and experiences of drug and alcohol use

You can address any themes which come up at the start of the meeting with the aim of giving individuals coping strategies they can use in their day to day life

Start's July 6th, 7 to 8:30 pm
Speak to key worker if interested.

How to access support

Telephone self-referral for assessment Battersea and Tooting
Mon, Tue, Thu, Fri 9.00am -11:30am

WCDAS Battersea: St. John's Therapy Centre, 162 St John's Hill, SW11 1SW. Tel: 0208 812 4120. **Thursday women only until 1pm.**

WCDAS Tooting: 1079 Garratt Lane, London, SW17 0LN. Tel: 0203 228 8080. **Tuesday women only until 1pm. Please note the site will close 7th July so all appointments will be at St John's after this.**

Recovery Hub: Tel: 0207 501 2615
Day Programme: 0207 498 6149

Workers linked to GP surgeries: Chatfield, Mayfield, Heathbridge, Battersea Fields, Putney Mead, Tudor Lodge, Bollingbrook, Lavender Hill, Danebury, Balham Park.

National Domestic Abuse Helpline: 0808 2000 247

Webchat: <https://www.wearewithyou.org.uk/help-and-advice/about-our-online-chat/>

Please note the MAP group will be online at this time

Numeracy Session

Every Monday at 2pm - A chance to receive support with basic numeracy skills, working towards a numeracy qualification, budgeting and managing bills. Delivered online by our friendly Numeracy volunteer. Please talk to your key worker if you would like to find out more.

Art Group

Every Tuesday 10am-11am - Learn new art skills & get creative in this friendly online environment. Please talk to your key worker if you would like to find out more.

OAPA Life Skills Hub

Are you looking to commence a career in hospitality and enhance your independent living skills? Only A Pavement Away are launching a Life Skills Hub from mid-July 2021 in London, at The Westminster Kingsway College. They will run 4 programmes of 3 weeks each where participants will be able to: attend sessions on customer interaction, kitchen training, budgeting, IT, CV and interview preparation; do a 3-day work placement with OAPA employers; join a recruitment fair to meet additional employers and gain access to the OAPA Jobs Board. Free lunch will be provided throughout the course. Please talk to your key worker if you would like to find out more.

International Remembrance Day 21st July 2021

Every year the service user council remembers all those who have passed away through using drugs or alcohol; we would normally do something special to celebrate their life but due to COVID restrictions we encouraging people who have lost someone to addiction to light a candle and place it in their window and remember them, with love and understanding. We can supply battery operated candles to anyone who would like one- please ask reception.

Next year we will do something special and we can remember them together.

World Hepatitis Day July 28th 2021- Hepatitis Can't Wait

World Hepatitis Day (WHD) takes place every year on 28th July to celebrate the birthday of Dr Blumberg who discovered the hepatitis diagnostic test and the Hepatitis B vaccine.

The main aim of this event is to bring the world together to raise awareness globally of viral hepatitis in all its forms and to influence real change.

The theme of 2021 is '**Hepatitis Can't Wait**' with the intention to call on people to act and raise awareness because a person dies every 30 seconds for a hepatitis related illness, so change simply cannot wait.

- People living with viral hepatitis unaware **can't wait** for testing
- People living with hepatitis **can't wait** for life saving treatments
- Expectant mothers **can't wait** for hepatitis screening and treatment
- New-born babies **can't wait** for birth dose vaccination
- People affected by hepatitis **can't wait** to end stigma and discrimination
- Community organisations **can't wait** for greater investment
- Decision makers **can't wait** and must act now to make hepatitis elimination a reality through political will and funding

(worldhepatitisday.org, 2021)

RWCDS have are keen to celebrate World Hepatitis Day by:

- Continuing to offer free, quick, and easy BBV screening to all our service users
- Encourage all service users to be screened at least annually
- Continue to work offer Hepatitis B vaccines to all service users
- Continue to offer Hepatitis C treatment to all our service users
- Continue to work alongside St Georges Hospital, Hep C Trust and Hep C U Later to celebrate our progress, increase awareness and encourage positive change to facilitate prevention, diagnosis, and treatment.

For more information, please speak to a member of staff or visit:

<http://www.hepctrust.org.uk/campaigning/world-hepatitis-day-2021>

<https://www.worldhepatitisday.org>